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THE
MAGIC MIRROR,
OR
ART OF ORNAMENTING GLASS,
TO WHICH IS ADDED THE
SYSTEM OF ARABIAN HORSE TAMING,
ALSO A COLLECTION OF
RARE AND PRACTICAL RECIPES
AND OTHER VALUABLE INFORMATION,

PRICE

25 CENTS.

NEW YORK ✓
PUBLISHED BY DR. M. L. BYRN,
80 Cedar Street,
1869.

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THE MAGIC MIRROR,

OR,

THE ART OF ORNAMENTING GLASS.

This easy and cheap process of ornamenting glass with Paper is a pleasing and profitable employment. A thin paper is best, although you can use Lithographs, Photographs, Steel Plates, Wood-cuts, Pen or Pencil Writing, or in fact almost anything on paper. By this process you do not transfer the copy from the paper, but let the paper remain on the glass, and it forms a beautiful frosting.

Prepare the glass by applying a thin coat of the preparation with a brush; let it stand a day, or until it is dry, keeping it from the dust, then apply the preparation to the glass the second time, spreading it on thick. Let it stand 15 or 20 minutes, then place the copy smoothly on the glass, pressing it down firmly so as to exclude the air. If the paper is very thick, thin it on the back after you fasten it to the glass with a tooth or nail-brush, dipping the brush in water enough to keep the paper moist while you are thinning it. If you make the paper rough in thinning it, use a fine sand-paper to smooth it; then let it dry and get firmly set to the glass; then apply the preparation on the back to make it transparent.

There is no occasion for rubbing or thinning, unless the paper is thick.

If you wish to change the shade, place colored papers at the back.

RECIPE FOR PREPARATION.—One ounce Balsam of Fir to one-half ounce Spirits of Turpentine. Mix and shake well together.

THE
ARABIAN HORSE-TAMER.

That obedience to man is a ruling principle in the nature of the horse; and therefore, to make him obey is *not* necessary to do violence to him. This disobedience is in fact forced upon him by conduct towards him which does violence to his nature.

That to make him obey, it is only necessary to make him *fully comprehend* what is required of him.

That he has originally no conception of his own strength or powers; and,

That it is the part of wisdom to keep him in ignorance, which can only be done by mastering him without force; that is, by kindness.

That in the horse, as well as in man, fear is the result of ignorance; and

That, therefore, it is only necessary to *accustom* him to any object of which he may at first stand in dread, to make him lose the sense of fear. Further,

That the best means of accomplishing this end is to allow him to examine the dreadful object himself, and *in the manner most natural to him*.

All which amounts to just this: that the horse is an intelligent creature, and that the only way to develop fully all his powers of usefulness to man is to treat him as such, and to *convince* him that his master is also his superior and his best friend.

Characteristics of the Horse.

INDICATIONS OF A HORSE'S DISPOSITION.

A long, thin neck indicates a good disposition; contrarywise if it be short and thick. A broad forehead, high between the ears, indicates a very vicious disposition.

The horse is unlike the dog, the bull, and most other quadrupeds, in two respects, both of which peculiarities run into one tendency. The horse has no weapons of defence, and hence is more dependent than other animals on his sense of *smell* for protection.

It is remarkable that, unlike other animals, the horse breathes only through his nostrils, and not through his mouth, like the ox and the dog.

Mechanical, Medicinal, Psychological.

Each of these terms is necessary in describing all that is comprehended in the philosophy of taming and training horses. The horse, like other animals, is controlled by *memory* and the *laws of association*. Hence he must be reached through one or each of his external senses—*smell, sight, hearing, and feeling*, and when they are reached, he may be controlled by mechanical force, and especially by psychology and the laws of association.

“For the mechanical process you will need a strong leather strap, three or four feet in length, with a buckle; also a pole (a fishing-rod)—the longer the better. On the end of the pole you may wind and fasten a small slip of cloth.

“For the medicinal you will need the oil of rhodium, oil of cummin, or oil of anise-seed. These should be kept in air-tight phials ready for use.—Have also in readiness the horse-caster, grated fine.

“That which partakes of the psychological you will find in your own mind,—your own love, will, and wisdom. If you have little or no instinctive love for the horse, of course you are not the person to control him. Men and women are often found who are said to have the natural gift of controlling the horse; they love horses from instinct, as it were. The secret in these cases consists in their intense love for the horse. If you love the horse, you will, you can, but know how to make the horse love you. Love in all grades of animals has its appropriate language; and when this lan-

guage is addressed to the horse, it excites love, of course. A blow with a whip or club does not come from love, but from combativeness, and it excites combativeness or fear in the horse. If you want to make a horse love you (and you must cause him to love you if you control him), why, of course, you must love him and treat him accordingly.

"Study the character of your horse, not the nature of horses in general, but of the horse you wish to control. Horses differ in their dispositions as really as men do; and each one is to be approached, attracted, pleased, and controlled accordingly.—The organs in our way are Fear and Combativeness, and both these functions are excited through the sense of smell. Observe that these objects against which this sense of smell warns the horse differ very much. One object or person may be offensive to one horse, another object to another.

To Catch a Wild Horse.

"If your horse be in the field, he must be cornered;" drive him into a yard, into the corner where he cannot escape. Rub your hands with the oil of cummin, or rhodium; have your pole, with the small piece of cloth wound on the further end, which must smell also of the oil. Approach him from the windward, and you may thus attract him, even before he is in the reach of your pole. Proceed gently until you can reach his back with the end of your pole. It is precisely as if your arm were elongated to the length of your pole; and you pat him and work and move the pole over his back, gradually and gently approaching his head. And thus, by passing the pole up and down his back, and occasionally carrying the end near his nose, he is attracted by the sense of smell, so that you may slowly shorten the distance between you and the horse, until you can with your hand rub a little oil of cummin or rhodium on his nose; and this done, you can with suitable assistance put on the bridle or halter, and thus secure him. A failure for a few

times should not discourage you ; repeat the process until you succeed. And if you fail with one of the oils, try another. With some horses you may succeed best by mixing equal parts of the oil of rhodium and anise-seed. A small quantity of the rhodium may be dropped upon the grated castor, after it has been sprinkled upon an apple or a lump of sugar, and given him to eat ; and rabbing his nose with either of these oils, and, at the same time, breathing into his nostrils, will often work like a "charm." But then it should be borne in mind that there is a difference in horses as really as in human beings. Horses that have large caution or fear, it is, of course, much more difficult to control. But the agreeable excitement of the sense of smell overcomes the sense of fear ; and fear once subdued, it enables you to render your sphere agreeable to the horse, so that you may compel him to do your bidding.

To Make a Horse lie down.

First catch your horse, then strap the near fore-leg up round the arm of the animal ; lead him about on three legs until he becomes tired or weary ; he will then allow you to handle him anywhere ; then attach a strap with a ring to the off fore-fetlock ; to this ring fasten another strap, which being brought over the horse's back to the near side, is put through the ring on the off fore-fetlock ; return the end of the strap to the near side, keeping fast hold, and move the animal on, and pull ; he will then be thrown upon his knees, when, after struggling some time, by gentle usage he will lie down. After unloosing the straps, put him through the same process as before, when the horse will lie down whenever required.

Uniformity is necessary in our method. It is by the repetition, by the constant recurrence of certain motions, words, or actions, that we succeed. Many fail for the want of uniformity in their method.— They are loving and kind by spells ; then they are harsh and cruel. The horse is "impressed," as it is

said, with his master's wishes, when those wishes are often and uniformly expressed in motions, words and deeds! If man needs "precept upon precept, line upon line," &c., in order to learn his lessons well, how much more true is this of the horse, which is below man in consciousness and the reflective faculties.

Plan of Driving the Wildest Horse.

This is easily effected, by fastening up one foot. Bend the leg inward, so as to bring the bottom of the hoof neatly up to his body, and slip a strap over the joint, and up, until it is as high as the pastern-joint, at which you must have another small strap, to which the larger one must be fastened, so as to prevent it from slipping down. Your horse now stands on three legs, and you can manage him as you please, for he can neither kick, rear, run, or do anything of a serious nature. This simple operation will conjure a vicious horse quicker than any other way.

Teaching a Horse to Pace.

Buckle four pound weight around the ankles of his hind-legs (lead is preferable), ride your horse briskly with those weights upon his ankles, at the same time twitching each rein of the bridle alternately, by this means you will immediately throw him into a pace. After you have trained him in this way to some extent, change your leaded weights for something lighter; leather padding, or something equal to it will answer the purpose; let him wear these light weights until he is perfectly trained.— This process will make a smooth and easy pacer of any horse.

Horsemanship.

The rider should, in the first place, let the horse know that he is not afraid of him. Before mounting a horse, take the rein into the left hand, draw it tightly, put the left foot in the stirrup, and raise quickly. When you are seated, press your knees to

THE ARABIAN HORSE-TAMER.

the saddle, let your leg, from the knee, stand out; turn your toe in and heel out; sit upright in your saddle, throw your weight forward, one-third of it in the stirrups, and hold your reins tight. Should your horse scare, you are braced in your saddle, and he cannot throw you.

To Make a Horse Stand.

This lesson is to be first in the stable. Having put your bridle on, drop the reins over his neck, and commence caressing his face, and gently work backward until you take hold of his tail. Hold on to it, and step back till you are to the length of your arm, then gently let his tail fall, and forming a half circle, walk back to the head, all the while repeating, "Ho, boy!" Pat his face, rub his eyes, and again pass backward, and this time form a complete circle round him, but so near as to keep your hands on him. Continue to enlarge your circle, until you get off as far as the stable will allow. When he will stand still in this way, you can take him out on a lot and go through the same manipulations.

To Make a Horse Set on his Haunches.

First learn the horse to obey you, so that when you say "Ho!" he will remain still. Then, having learned him to lie down, let him get up on his fore-legs, and then stop him. The horse gets up in this way, and you have only to teach him to hold his position for awhile. It does not strain the horse to set, and you must always use the word "set" in connection with the feat. Also the word "down" when you wish him to fall.

To Make a Horse come down for Mounting

Stand by his side, and stooping down, put up one of his feet, set it as far forward as you can, to make him keep it there; then take up the other and put it forward as far as you can, not to have him put it up again. Then with a small stick lightly tap him

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on the back of the leg, near the pastern-joint, first one leg, then the other. he will soon put them a little farther forward, and then you may in the same way spread out his hind-legs. Continue this, day after day, until he will come down enough at the word "Lower." This trick is easily taught a young horse; but remember, it injures him to often mount him thus spread out.

To Make a Horse follow you.

Take your horse to the stable, put on a circingle and a bridle with short reins, which may be checked up a little and fastened to the circingle. Then lead him about a few times, and letting go the bridle, continue to caress him, as you constantly say "come along." If he lag, give him a light cut behind with a long whip. Continue this until you succeed. Do not forget the element of "LOVE" in this as well as other feats.

How to Handle Horse's Feet.

Should the colt refuse to have his feet handled he may be made to submit by reproof with the bridle and putting a small strap on the hind hoof; then pull on this strap and bring the foot up; then at the moment he kicks bring down on the mouth sharply with the bridle. In a short time he will submit to your control unconditionally. The same principle applies to the use of this under all circumstances. It is a means of reproof, and certainly has a powerful effect upon a horse.

VALUABLE RECIPES

How to make Saur Kraut.—Take a large strong wooden vessel, or cask, resembling a salt beef cask, and capable of containing as much as is sufficient for the winter's consumption of a family. Gradually break down or chop the cabbages (deprived of outside green leaves,) into very small pieces; begin with one or two cabbages at the bottom of the cask, and add others at intervals, pressing them by means of a wooden spade, against the side of the cask, until it is full. Then place a heavy weight on top of it and allow it to stand near to a warm place, for four or five days. By this time it will have undergone fermentation, and be ready for use. Whilst the cabbages are passing through the process of fermentation, a very disagreeable fetid, acid smell is exhaled from them; now remove the cask to a cool situation, and keep it always covered up. Strew Aniseeds among the layers of the cabbage during its preparation, which communicates a peculiar flavor to the Saur Kraut at an after period.

In boiling it for the table, two hours is the period for it to be on the fire. It forms an excellent nutritious and antiscorbutic food for winter use.

How to mend a Stove.—When a crack is discovered in a stove, through which the fire or smoke penetrates, the aperture may be completely closed in a moment with a composition consisting of wood ashes, and common salt, made into paste with a little water, plastered over the crack. The good effect is equally certain, whether the stove, &c., be cold or hot.

Bed Bugs.—A strong decoction of ripe red Pepper is said to be as efficacious an antidote to Bed Bugs as can be selected from the multitudinous recipes for the purpose.

Burning Fluid.—Take four quarts of Alcohol and one quart of sps. of Turpentine—mix well together.

To Extract Paint from Cotton, Silk and Woolen Goods.—Saturate the spots with spirits of Turpentine, and let it remain several hours, then rub it between the hands. It will crumble away, without injuring either the color, or texture of the article.

VALUABLE RECIPES

To make Apple Jelly.—Take of Apple Juice [strained] 4 lbs. Sugar 1 lb. Boil to a Jelly.

Strawberry Jelly.—Take of the Juice of Strawberries 4 lbs., Sugar 1 lb. Boil to a Jelly.

To Avoid Injury from Bees.—A wasp or bee swallowed may be killed before it can do harm, by taking a teaspoonful of common salt dissolved in water. It kills the insect, and cures the sting. Salt at all times is the best cure for external stings; sweet oil, pounded mallows, onions, or powdered chalk made into a paste with water, are also efficacious.

If bees swarm upon the head, smoke tobacco, and hold an empty hive over the head, and they will enter it.

How to Make Rose Water.—Take half an ounce white sugar, and drop into it 2 or 3 drops of Otto of Rose; then grind very fine in a mortar. After it is well ground into fine powder, pour on it half a pint of cold water, grind well for a few moments, and then mix it all with one gallon of cold water. Let it stand for 3 or 4 days, and strain through fine muslin.

Whitewashing.—A pint of Varnish mixed with a bucket of Whitewash, will give it in a great degree, the qualities of paint—and it will withstand all kinds of weather.

Nankin Dye.—Take Arnatto and prepared Kali, equal parts, boiled in water; the proportion of Kali is altered, as the color is required to be deeper or lighter;—used to restore the color of faded nankin clothing, or to dye new goods of a Nankin color.

To make Spice Bitters.—Golden Seal, Poplar Bark, Bayberry, bark of the root, Sassafras, bark of the root, of each one pound; Unicorn Root, Bitter Root, Cloves, Capsicum, of each, four ounces, Loaf Sugar, four pounds. Put to one ounce of this powder, one quart of sweet wine, let it stand a week or two before using it. Dose—a wine-glassful two or three times a day.

VALUABLE RECIPES.

Armenian Cement.—Soak Isinglass in water till soft then dissolve it in Proof Spirit, add a little Galbanum or Gum Ammoniac, and mix it with Tincture of Mastick.

It must be kept well stopped, and when wanted, liquefied by the phial being immersed in hot water. Used to cement jewels upon watch-cases; to mend china, or to replace leaves torn out of books.

To prevent Flies from Settling on Pictures, Picture Frames, or other Furniture.—Soak a large bundle of Leeks for five or six days in a pail of water, and then wash or sponge the pictures, &c. over with it.

A wash to be used to the Arm-pits when the perspiration is unpleasant.—Take pure spring water as cold as can be got, 2 pints; Tincture of Myrrh, 1 ounce; Sulphate of Zinc, $\frac{1}{2}$ ounce; Rose Water, 2 ounces. Mix all together and sponge the arm-pits occasionally with it.

To cure Butter.—Take 2 parts of the best common Salt, one part of Sugar, and one part of Salt-petre. Beat them up and mix well together. Take one ounce of this to every pound of Butter, work it well into the mass and close it up for use.

Butter thus cured, appears of a rich marrowy consistence and fine color, and does not acquire a brittle hardness, nor taste salt. It will keep good for three years, if let stand three or four weeks before opening it.

To Moderate Perspiration.—Take Spring Water, 4 ounces; Diluted Sulphuric Acid, 40 drops; Compound Spirits of Lavender, 2 drachms. Mix. A table-spoonful twice a day; keeping the bowels regular by Rhubarb.

Wash to Whiten the Nails.—Take Diluted Sulphuric Acid, 2 drachms; Pump Water, 4 ounces; Tincture of Myrrh, 1 drachm. Mix. First cleanse with white Soap, and then dip the fingers into the wash.

Sore Throat.—Let the Throat be steamed with Hot Water, in which Hops are infused; apply the Hops, after having been scalded some time, externally to the diseased part of the throat.

VALUABLE RECIPES.

To join Glass together.—Take a little Isinglass, and melt it in spirits of Wine ; it will form a transparent glue, which will unite glass, so that the fracture will be almost imperceptible. The greatest care is necessary, that the spirits of wine shall not boil over into the fire.

To Renovate old Apple Trees.—Take fresh made Lime from the kiln, slake it well with water, and well dress the tree with a brush, and the insects and moss will be completely destroyed ; the outer rind fall off, and a new, smooth, clean, healthy one formed, and the tree assume a most healthy appearance and produce the finest fruit.

To prevent the Smoking of a Lamp.—Soak the wick in strong vinegar, and dry it well before you use it ; it will then burn both sweet and pleasant, and give much satisfaction for the trifling trouble in preparing it.

To make Silvering Powder.—Get from a Drug Store 1 oz. of what is called Hydrargirum, *Cum Creta*, and mix it with 4 oz. Prepared Chalk. Used to give a Silver Polish to Brass, Copper, Britannia Ware, &c. To be rubbed on with a dry cloth.

Nerve Ointment.—Take half a pint of Neatsfoot oil, one gill of Brandy, one gill of spirits of Turpentine and simmer them together fifteen minutes. Excellent for sprains, swellings, and Rheumatism.

To free plants from Leaf-Lice.—Mix 3 ounce of Flowers of Sulphur with a bushel of Saw-dust ; scatter this over the plants infested with these insects, and they will soon be freed, though a second application may possibly be necessary.

To Preserve Eggs.—Apply with a brush a solution of Gum Arabic to the shells, or immerse the Eggs therein—let them dry, and afterwards pack them in dry charcoal dust. This is vastly superior to the plan of putting Eggs up in lime, as the lime makes the shells brittle, and the Eggs soon worthless, but the Gum process prevents being effected by changes in the atmosphere.

Human Frailty.

IN all ages of the world, of which we have any account, there has prevailed in the youth of both sexes a most destructive habit, by reason of which many thousands of lives are lost every year, besides in innumerable instances the laying the foundation for disease and a debilitated condition, which the best efforts of a life-time do not counteract. This habit is known by the name of secret habits of youth, or masturbation, and is one of the most prevalent, the most universal and destructive of any that afflicts the human race. One reason why the vice, or habit, is so very destructive to youth is, from the fact that it is continued in secret from day to day, and from year to year, without a knowledge of its real consequences. There are very few parents who ever think to warn their children of the dangers of this habit, either by speaking to them, or putting into their hands a treatise on the subject, and even do all in their power to keep their children from getting hold of any books on the subject. This kind of false modesty has been the cause of many a blooming youth filling a premature grave, and we hope to see the time when parents, teachers, and guardians, will treat those entrusted to their care with more confidence and the exercise of better judgment.

This habit, began in youth, is often continued many years, even to the age of thirty years or more.

However, it is not ALWAYS the result of imitation, or contracted by contact with those who indulge in the habit, but this is the cause in

most cases, and one bad boy will ruin twenty good ones. There are those who think their children can only contract bad habits by contact, and among the rest the habit of masturbation, and think that if they can keep their families from vicious company they are safe. This is generally true, but there are exceptions to the rule, for no matter how strict a parent may be, the very innocence of a child makes him a ready tool for the designing, when they chance to fall into their company. It would take too long to narrate the many phases and peculiarities of the thousands of cases I have treated in the last few years. This terrible habit is oftener learned at school than elsewhere; more than half of my patients having told me that they were taught it while going to school. With these facts before us, is it to be wondered at that libertines and masturbators become effeminate, and injure their constitutions, and that girls lose their beauty, their charms, amiability, the delicacy of their forms, and sweetness of voice? The following are some of the consequences of this destructive habit:

That most fatal disease, consumption, is often induced by this habit by debilitating the system, and causing tubercles to be developed in the lungs.

Loss of memory is among the most common effects produced by it. Nearly all my patients complain of this, who have indulged in masturbation.

Insanity is sometimes produced by this habit; the unusual and unnatural excitement produced

by the very frequent repetition of the act sooner or later reaches the brain, the great nervous centre, unless abstained from; and this weakness continues in a ratio with the extent to which the practice has been carried, until it no longer controls the body, and there is lowness of spirits, a disposition to commit suicide, as many patients have informed me, restlessness, discontented mind, and an exceedingly unhappy irritability of temper, causing the patient to make himself and everybody around him unhappy.

An uneasy aching pain, heaviness, and weakness across the back and loins, is a frequent symptom, especially in the morning.

Palpitation of the heart, shortness of breath, and nervousness, also result from masturbation.

A nervous aching pain in the head, bones and muscles, resembling rheumatism, is a frequent consequence. By weakening the general powers of the system, masturbators have not the ordinary powers of resisting diseases, and for this reason, as soon as they expose themselves to an atmosphere tainted with ordinary epidemic poisons, such as fevers, &c., they are more liable to the disease.

A thin, watery, or gleety discharge, frequently occurs, in old cases, showing extreme weakness and wasting of the parts.

A gradual wasting away of the testicles, and entire loss of vitality, is a common occurrence with persons long addicted to this secret habit.

A very frequent desire to pass the urine, and an inability to hold it, are the frequent results of masturbation;—sometimes, however, they

cannot pass the urine without the aid of a catheter to draw it off. Stricture or narrowing of the passage is produced by this habit, thus laying the foundation for an untold amount of misery and suffering.

In females, the following diseases are produced:—Whites, loss of sensation, falling out of the hairs and eyebrows, bad breath, loss of the natural voice,—barrenness, falling of the womb, epileptic fits, ulceration of the neck of the womb, &c. The *most frequent disease* produced by masturbation in males, is called spermatorrhœa, or involuntary emission during sleep. These at first are rare, happening only in the course of two or three weeks, and takes place during a dream of a lascivious character. —They soon become more frequent, and if accompanied by a dream, they do not wake the person, and finally they happen almost or quite without any sensation.

Having described the nature and symptoms of this vice and its effects on the system, we would now beg to offer you our advice as a medical man. But the delicate nature of the advice is such as could not with propriety be inserted in these columns, as it is intended for all classes. This advice, then, can only be given to each person individually, according to the amount of damage the system has sustained, the length of time it has been practised, the peculiarity of the constitution, the age of the patient, &c. The treatment which might be good for one individual, might be of no service whatever to another, and under these circumstances, the only safe plan for every person

who has been guilty of this practice, is to **consult** a physician immediately. I offer you **my** services on the "live and let live" principle, and in the reach of all. In a private circular which I send to all such as apply to me for advice on this disease, [or vice, as you may choose to call it,] the most explicit directions are given, and along with this, medical treatment, which at once puts vitality into the system, and speedily restores the parts to a healthy state, if directions are followed. By consulting me immediately, you may save yourself from much suffering, uneasiness of mind, and be restored to health.—If you go on, you may make of a once stout and robust frame, a total wreck, unfitting yourself forever for the married state. Do not risk all this for the sake of a few dollars, but write to me at once and give a full history of your case, and rest assured I will endeavor to be your confidential friend and benefactor.

All letters destroyed as soon as answered. Persons visiting the city, who prefer to do so, can call at my office No. 80 Cedar Street,

between 9 A. M. and 4 P. M., or enclose the amount in a Registered letter, directed to Dr. M. L. BYRN, Box 4,669 P. O., N. Y. City. Every thing can be sent so that no one can tell it from an ordinary letter, and is carefully sealed up. Do not feel any delicacy in consulting me, but speak as to a friend—I will try to do you good.

Persons wishing advice or medical treatment, will please answer the following questions on the first application. At what age did you be-

gin this habit, and how often indulged in, how long continued, and, if abandoned, how long since? Is your system much weakened? Are you nervous and irritable? Have you shortness of breath or palpitation of the heart? If you have emissions, how often, and do they weaken you? Do you have any heat or unnatural feeling, tingling fullness, or other trouble in the parts? Have you scalding or pain in making water, and do you urinate naturally and free? Is the urine of natural color? What is your general health, the state of your appetite and condition of your bowels? Your age, occupation, mode of living, and have you any predisposition to consumption or other diseases. Married or single?—Do you lose semen during a movement of the bowels? Do you lose semen AFTER passing urine? Is the memory much impaired?

Persons applying by letter for treatment, will please enclose FIVE dollars, and 25 cents for postage, and I will forward medical treatment by return mail.

When desired, the medicines can be sent by Express.

All letters must be plainly written, giving the name of the person, or initials, the Post Office, County and State, and be addressed to Dr. M. I. BYRN, Box 4,669 Post Office, New York City, office No. 80 Cedar St.

CONDEMN NO MAN WITHOUT A TRIAL.

"PROVE ALL THINGS!"

"Hold fast that which is good."

I am aware that in issuing a pamphlet like this to the public, and sending copies thereof broadcast throughout the length and breadth of our country, that I have much to contend with in the way of public prejudice. It is true that persons calling themselves physicians, have issued flaming circulars, representing what they could do and what they would do, for the afflicted, and that they have grossly swindled many persons, defrauding them, and getting their money without complying with their specious promises. This has been the case in this, as in all other large cities of the civilized world. And yet that does not argue that there are not honorable, high-minded, and competent physicians, who prefer to issue a medical pamphlet, circular or public journal, and thereby make themselves more widely known, and bring the peculiar medical skill which they have acquired by long years of study, research and practice, before the people, that they may reap a commensurate reward, rather than plod along in a professional career which promise a "head whitened o'er with the frost of many winters," before they expect to get a 'paying practice,' which, by the way, comes in just about the time of life when the physical energies are well nigh exhausted.

It is right that in catering for public patronage and favor, by coming before the people, as I do, that I should let it be known who I am. I take pleasure in doing so: I have been engaged since 1853, in the practice of my profession, in the city of New York, but not being of a robust

constitution, I have confined myself to "office practice," and consultation by letter, that being less laborious, and better suited to my physical condition. During this time I have written, edited and compiled altogether about thirty different books, some of which have been published in New York, Boston, Philadelphia and Cincinnati, by the most respectable publishers in the country, and the others I have published myself.

I have also during this time edited and published the "*United States Gazette*," a large monthly newspaper, (for seven years.) And for a number of years past have been publishing the "*New York Medical Journal*." I have also been manufacturing and selling for many years past, valuable "*proprietary medicines*," which have given better general satisfaction than any other medicines I have known of. My rule has been to deal strictly on the live-and-let-live principle, paying *Cash* in all my business transactions, and never meddling with the business or concerns of other people.

I have tried to deal honestly and fairly with all men, and have not *intentionally* given cause of offence to any living being; and I can defy any man to say that I owe him one dollar, or that I have ever been guilty of a dishonorable act.

I am a graduate of the "*Medical Department of the University of the City of New York*,"—see copy of *Diploma*—and pay my dues to the Government under which I live, and I am an American citizen, being a native of the State of Tennessee. I am over 40 years of age, and have a wife and children, for whose welfare and happiness it affords me pleasure to labor. I am a member, and have been for many years, of the "Methodist Episco-

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“The Chancellor, Professors and Council of the University of the City of New York—To all and singular, the persons reading these writings, wishing continued health in our Lord Jesus Christ—*Be it Known*, that it has pleased us under the authority bestowed by public charter in this institution, to adorn M. L. BYRN, an upright man, in the first place having undergone an examination, imbued with the excellent art of medicine and science of surgery, with the title and degree of *Doctor of Medicine*, and to grant to him all rights, honors and privileges pertaining to the said degree. *In Testimony*, thereof, we affix to these letters of this University the seal and our handwriting. Given from the buildings of the University of New York, the 3d day of March, 1851, and of the independence of the United States, the 73d.”

(SIGNED)

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GRANVILLE S. PATTISON, M. D. Professor of Anatomy.

MARTIN PAINE, M.D., Professor of Materia Medica and Therapeutics.

JOHN W. DRAPER, M.D. Professor of Chemistry and Physiology.

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